



# Vernon IB World School

**IBelieve. IBelong. IBecome.**  
Come grow with us.



# The Owl Post

## Vernon's Weekly Newsletter

Friday, November 1, 2019



### **RUN FOR THE OWLS UPDATE!**

Our goal this year is \$45,000. To date over \$35,000 has been turned in! We know many of you still have pledges to collect or even envelopes at home that just haven't made it to school yet. That's OK, you can bring donations to the Office. The PTA has a locked mailbox on the wall, so the money will be safe. Here is the [link](#) for making online donations.

If you have questions about donations you can email Lisa Hatten at [lisamhatten@gmail.com](mailto:lisamhatten@gmail.com).

Thank-you everyone for supporting our Vernon Owls!

### **Upcoming Events and Important Dates**

#### **Monday, November 4:**

***Familias of Hispanic Students 5:45 – 7:00 – Rm 107***

***Families of Black Students 5:45-7:00 – Rm 102***

**Tuesday, November 5: *Caregivers of Neurodiverse Students Group – 6:00-8:00pm ~ MPR***

**Wednesday, November 6: *LGBTQ+ Families – 5:30-6:30 – Rm 117***

**Friday, November 8: *Principals' Coffee Hour – 9:00-10:00 ~ MPR***

**Saturday, November 9: *Garden Work Party – 9:00-12:00***

**Monday, November 11: *Veterans' Day – NO SCHOOL***

**Tuesday, November 12: *High School Info Night – 5:30-6:30 – MPR***

**Wednesday, November 13: *PTA Meeting, 5:45-7:00pm ~ MPR***



### **2019 Yearbooks for Sale!**

Last year's fabulous yearbooks are still available for sale! Only \$20 for 68 all-color pages, including the school's 111<sup>th</sup> Anniversary/Reunion celebration. This will be a special keepsake in the years to come! See Connie in the Office.





Vernon IB World School

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Next  
Week!

# FAMILIAS OF VERNON

Monday, November 4: 5:45pm-  
7:00pm (Room 107)

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## Vernon's Families *of* Black Students' Meeting



Monday, November 4: 5:45pm-  
7:00pm (Room 102 )

# VERNON PROUD

## Neighborhood School Holiday Book Drive! Focus School: Vernon

**Vernon School** is teaming up with **Green Bean Bookstore** to help increase the number of high quality and diverse books in our student library!

Buy a **Green Bean Book Angel** at **Green Bean Books** this holiday season for your choice of only **\$6, \$9 or \$18** and we will turn that money into hundreds of books to enhance the Vernon School Library book selection.

It's so easy to make a difference in your own community and get more books into the hands of more kids!

This book campaign will run **from November 29 to December 31.**  
**Spread the word!**



# Jefferson HS

## Middle College for Advanced Studies

### 8<sup>th</sup> Grade Informational Evenings:

**October 30 and November 19**

**6:00 p.m. to 8:00 p.m.**

- ◆ Families and students are invited to Jefferson's 8<sup>th</sup> Grade Informational Evenings to learn about our school and our programs.
- ◆ We will have information about our clubs, Freshman Academy, our Bio-Tech program and Athletics here at Jefferson.

In addition, we will be hosting two 8<sup>th</sup> grade tours of JHS/MCAS in November.

#### **Feeder Schools: November 6**

(arranged by Jefferson admin)

#### **Non-feeder Schools: November 20**

(RSVP required through the Jefferson Website)

- ◆ Enrollment & Transfer cycle dates:

**November 5 – December 3, 2019**

#### **Jefferson HS-MCAS**

**5210 N. Kerby Ave  
Portland, Oregon 97217**

**Please park and enter on the North Kerby Avenue side of the school.**



**Please attend  
one of these  
dates:**

**October 30, 2019  
6 to 8 p.m.  
in the Auditorium**

**November 19, 2019  
6 to 8 p.m.  
in the Auditorium**

Jefferson High School/  
Middle College for  
Advanced Studies:  
Middle College is the  
structure that builds  
academic knowledge,  
habit, and skills leading to  
the successful completion  
of college courses while in  
high school and prepares  
students for higher  
education and/or technical  
training after high school.  
All students who enroll at  
Jefferson are Middle  
College students and are  
expected to complete the  
requirements of the Middle  
College diploma.



# Parent Teacher Conference Workshop

- Learn how to have a successful conference with your student's teacher
- Learn different strategies on how to plan proactive questions
- Learn ways to be advocate for your students success

When: November 14th  
Time: 5:30p - 7:00p

Vernon Middle School  
2044 NE Killingsworth st

Connect with Maria Luna  
503 752 9294

[marial@uniteoregon.org](mailto:marial@uniteoregon.org)

Food and child care provided







# 5<sup>th</sup> Annual Vernon Maker Fair December 7th, 2019 1:00 pm - 5:00 pm

**Makers, Crafters & Artists Wanted!**

Featuring handcrafted items made by Vernon Community Members.

**Door Prizes! Music! Kids Activities! Food & Drink! Fun for the whole Family!**

**Vernon students, staff, family members & alumni** are invited to sell their wares at the fair. If you would like to be a vendor, please submit a registration form to the PTA box in the Vernon main office or email to Janet Strong at [janetstrong@gmail.com](mailto:janetstrong@gmail.com) by November 22, 2019. A percentage of all sales goes to support the Vernon PTA.

In the past vendors have sold 100% handcrafted items including:

- Organic Jam and Pickles
- Hand made Jewelry
- Natural Cleaning Products
- Clothing & Accessories
- Wood Crafts
- Greeting Cards
- Art Prints
- Ornaments
- Tote Bags
- Original Art
- Embellished Shirts
- Stationery
- Bath & Beauty Products
- Hand Knit & Crochet

What awesome items can we add to this list?



## What do **YOU** Make?

Please visit [vernonpta.org/makerfair](http://vernonpta.org/makerfair) or email [janetstrong@gmail.com](mailto:janetstrong@gmail.com) for more information.

# Registration Form

## Vernon Maker Fair 2019

Registrations are due by Friday November 22, 2019

Vernon **students, staff, family members, and alumni** are invited to sell at the Vernon Maker Fair. All we ask is that the items are handmade and that you donate a percentage of your sales to Vernon PTA! Please submit this registration form to the main office or email to [janetlstrong@gmail.com](mailto:janetlstrong@gmail.com).

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Who are you? (please circle one)      student / staff / family-member / alumni

Parent Name (if vendor is a minor) \_\_\_\_\_

What percent of your sales would you like to donate to the PTA? The child rate is 10% or more. The adult rate is 25% or more. Note: if two family members are selling at the fair and are using different donation rates, then each family member needs their own vendor application and vendor number. What is your donation percentage? \_\_\_\_\_

Make vendor checks payable to: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_

What do YOU make? \_\_\_\_\_

Table space (1/3, 1/2 or all of an 8-foot table, space is limited, please choose smallest space possible) \_\_\_\_\_

Can you donate a door prize? No / Yes - thanks! What is the donation? \_\_\_\_\_

Signature of seller (parent if seller a minor): \_\_\_\_\_ Date: \_\_\_\_\_

Vernon School and Vernon PTA are not liable for lost/damaged/stolen goods

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.....  
Remove & Keep this portion for your records.

### **Vernon Maker Fair 2019 - December 7th 1:00-5:00 (plan to arrive at 11:30 for set up & vendor orientation )**

You will receive an email confirmation with a vendor number and instructions. Be sure all your items are clearly priced and are labeled with your vendor number. Vernon PTA will run a central checkout/cash register for the event. You will not be responsible for handling your own cash or credit card sales. Your share of your sales will be issued to you by check from the Vernon PTA within one week of the event. Vernon School and Vernon PTA are not liable for lost/damaged/stolen goods. Children selling at the fair must be accompanied by an adult and have parent permission to participate.

**Vendors selling food must follow Oregon cottage food laws. See rules at <https://forrager.com/law/oregon/>**





# Vernon Maker Fair

(Feria del Fabricante)

7 de Diciembre, 2019

1:00 pm - 5:00 pm

**¡Se buscan creadores, artesanos y artistas!**

Con artículos hechos a mano por miembros de la comunidad de Vernon.

¡Premios puerta! ¡Música! ¡Actividades para niños!  
¡Comida y bebida! ¡Diversión para toda la familia!

Los estudiantes, el personal, los miembros de la familia y los ex alumnos de Vernon están invitados a vender sus productos en la feria. Si desea ser un proveedor, envíe un formulario de inscripción al buzón de la PTA en la oficina central de Vernon o mande un email a Janet Strong [janetstrong@gmail.com](mailto:janetstrong@gmail.com) antes del 22 de Noviembre de 2019. Un porcentaje de todas las ventas se destina a apoyar a la PTA de Vernon.

Tenemos vendedores que venden artículos 100% artesanales, incluyendo:

- Mermelada y pepinillos orgánicos
- Joyería hecha a mano
- Productos de limpieza naturales
- Ropa y accesorios
- Juguetes de madera
- Tarjetas de felicitación
- Impresiones artísticas
- Adornos
- Bolsas de mano
- Arte original
- Camisas embellecidas
- Estacionario
- Encantos del arte pop
- Productos de belleza
- Tejidos a mano y ganchillo

¿Qué cosas increíbles podemos agregar a esta lista?



## ¿Y TÚ, que haces?

Visite [vernonpta.org/makerfair](http://vernonpta.org/makerfair) o envíe un email a [janetstrong@gmail.com](mailto:janetstrong@gmail.com) para obtener más información..

# Formulario de inscripción

## Makers Fair 2019

### (Feria del Fabricante)

Las inscripciones deben entregarse antes el viernes 22 de noviembre de 2019.

Los estudiantes, el personal, los miembros de la familia y los ex alumnos de Vernon están invitados a vender en la Feria del Fabricante. ¡Todo lo que pedimos es que los artículos sean hechos a mano y que usted done un porcentaje de sus ventas a Vernon PTA! Envíe este formulario de registro a la oficina principal o envíe un email a [janetlstrong@gmail.com](mailto:janetlstrong@gmail.com).

Nombre: \_\_\_\_\_ Número de teléfono: \_\_\_\_\_

Nombre del padre (si vendedor es un menor) \_\_\_\_\_

¿Qué porcentaje de sus ventas le gustaría donar a la PTA? La tarifa infantil es 10% o más. La tarifa de adulto es 25% o más. Nota: si dos miembros de la familia están vendiendo en la feria y están usando diferentes tasas de donación, cada miembro de la familia necesita su propia inscripción y número de proveedor.

¿Cuál es su porcentaje de donación? \_\_\_\_\_

Cheque del vendedor a nombre de: \_\_\_\_\_

Dirección de correo: \_\_\_\_\_

Email: \_\_\_\_\_

¿Que haces? \_\_\_\_\_

Espacio de mesa necesario (1/3, 1/2 o toda una mesa de 6 pies) \_\_\_\_\_

¿Puedes donar un premio de puerta? Si / No

Si es así, ¡gracias! ¿Cuál es la donación de tu premio puerta? \_\_\_\_\_

Firma del vendedor (y del padre si el vendedor es un menor

\_\_\_\_\_ Date: \_\_\_\_\_

Vernon School y Vernon PTA no son responsables por bienes perdidos / dañados / robados.

.....  
Corte y guarde esta porción para sus registros.

**Vernon Maker Fair 2019 - 7 de Diciembre de 1: 00-5: 00** (planifique llegar a las 11:30 para la preparación y la orientación del proveedor)

Recibirá una confirmación por correo electrónico con un número de proveedor e instrucciones.

Asegúrese de que todos sus artículos tengan un precio claro. Vernon PTA tendrá una caja registradora para el evento. Usted no será responsable de entregar sus propias ventas de efectivo o tarjeta de crédito. Su parte de sus ventas le será emitida por cheque de Vernon PTA después de una semana del evento.

**Los vendedores que venden comida deben cumplir con las leyes de alimentación de las cabañas de Oregon. Vea las reglas en <https://forrager.com/law/oregon/>**

Vernon School y Vernon PTA no son responsables por artículos perdidos/dañados /robados. Los niños que venden en la feria deben estar acompañados por un adulto y tienen permiso de los padres para participar. Para obtener más información, visite <http://www.vernonpta.org/makerfair/> o envíe un email a Janet Strong a [janetlstrong@gmail.com](mailto:janetlstrong@gmail.com)



## **Greeting Owls and Happy Thankful November!**

Happy November Owls! Can you believe we already have two months fully completed of our school year? Our kids are transitioning well from the summer loving, beams of energy to the focused, engaged learners as they transition deeper into our beautiful Northwest Fall. As our coming days will be getting colder, windier and wetter, thanks for remembering to send some extra outer gear or adding some clothing layers to ensure they are warm for outside play! To start off my month of Thanksgiving, I am thankful for all our community volunteers who help to support the PTA's mission to make EVERY Vernon child's potential a reality by engaging and empowering our families and community to advocate for all of our children!

## **RUN FOR THE OWLS:**

Thank you all for your terrific participation in our **Run for the Owls** event this year held on Thursday, October 11. We are excitedly waiting for our grand totals to come in and to announce our student award recipients for most laps ran and celebrate the student & class who raised the most money! Although the class competition is now closed, please continue to collect any outstanding pledges as every cent is applied towards our fundraising goal of \$45K! Proceeds from our Run for the Owls fundraiser helps to support Vernon's art program, STEAM, class field trips, and much more!

## **NOVEMBER PTA MEETING:**

Our **November PTA meeting** will be held on **Wednesday, November 13 from 5:45- 7:15pm**. This is an important meeting and we are encouraging everyone to attend as we will be voting on the measures that were presented at the previous meeting and discussing some recent school events. Don't worry if you missed the previous meeting; the meeting agenda, minutes, proposals, and related materials/ handouts can all be found on our PTA website at: <https://www.vernonpta.org/about-us/meetings>. As always, we will have family friendly community dinner (featuring various options for diverse dietary needs) and offer outstanding complimentary childcare. Plan to attend your PTA monthly meetings if you want to:

- Keep up with the latest Vernon news with updates from our school administration
- Meet other members of your community
- Learn about upcoming events, projects, and volunteer opportunities
- Vote on proposals
- Ask real questions and get some definitive responses

Did you also know that you don't have to be a guardian/parent of a Vernon student to join the Vernon PTA? That's right – family members, close family friends, and anyone who has a vested interest in the future of your OWL can join the PTA! Also, you do not have to be a member of the PTA to attend the PTA meetings. But if you become a member of the PTA, you can receive exclusive PTA membership discounts available at many local businesses, occasional shopping passes for athletic employment stores, and other discounts and savings sent right to you email inbox if you provide an email address when you submit your PTA application. Thanks Oregon PTA!

**UPCOMING AFFINITY GROUP MEETINGS:** When we attend a monthly affinity group meeting, we get to know one another, share resources, and most importantly, help to build an inclusive, supportive community for ALL of our children!

## **Caregivers of Neurodiverse Student Group - Tuesday, November 5 (6:00 – 8:00pm, MPR)**

Does your child struggle with inattention, reading, or other learning challenges, behavior issues at home or school? Does your child have a hard time with unstructured time at school (e.g. recess, lunch)? The **Caregivers of Neurodiverse Student Group** (CNDSG) is a new group that provides a safe, judgement-free space to discuss how we as parents, caregivers, teachers and our community can better support our children. The CNDSG is about sharing stories, discussing challenges and resources about our children experiencing trauma, anxiety, autism, ADD, ADHD, learning disabilities, sensory issues, dyslexia, etc. Our first meeting was held on October 15<sup>th</sup>; our November meeting date will be **Tuesday, November 5 !!** We serve family dinner and provide an excellent childcare program for our children during our meeting time. We encourage parents and caregivers to join if they are experiencing any of the following:

- Your child is distracted or dysregulated and having challenges at home/school
- Your child is on an IEP or 504 plan (or you are not sure if your child needs one)
- Your child struggles to make/keep friends
- You are a parent/caregiver that needs support and looking for how to access resources

**Families of Black Students - Monday, November 4 (5:45-7:00pm)** This is a wonderful time for parents to come together, share resources, and/ or bring up issues or concerns regarding our children. Our November meeting will be a special fun time for our group as we will be having "Thankful for Fellowship" November featuring a family game night. Bring your favorite games, get schooled on some new ones and come out and join the fun! Family dinner will be provided.

**Las Familias - Monday, November 4 (5:45-7:00pm, RM 107):** Do you want to be empowered as a caretaker to advocate for your children's success? We are looking forward to you and your family joining us for a wonderful time of fellowship, and discussion of the issues that impact the children of our community. Our meetings are both in English and Spanish!

**LGBTQ+ - Monday, November 6 (5:30 – 7:00pm, RM):** LGBTQ Families of Vernon will be meeting on Weds, Nov 6 from 5:30 to 6:30 in Room 117. We'll be talking about what's happening at Vernon to address homophobia, especially in light of the recent homophobic graffiti incident. We will have snacks and childcare.

### **VOLUNTEER AT VERNON!**

If you are looking to help volunteer at school, we are in need of extra support at the lunch and recess periods. A Sign-Up Genius has been created for all grades. It would be awesome to have some consistency with the volunteers so students can build a trusting rapport, but all help is welcome! Training for loose parts is not required. You just need to pass the standard background check required of PPS. We need help with supervising children in the Cafeteria and all over the playground. Please note that each grade level starts with lunch first and then goes out for recess. Thank you for considering! Please sign up for future days/weeks, too, so we know where the gaps are to be filled! If you have any questions about these duties, you are welcome to email Robyn Bodin: [robynarts@gmail.com](mailto:robynarts@gmail.com)  
<https://www.signupgenius.com/go/60b0a4baca2ca4fc1-lunch>

### **THE 5<sup>TH</sup> ANNUAL VERNON MAKER FAIR WILL BE HELD ON DECEMBER 7<sup>TH</sup>, 2019, 1-5:00PM**

(<https://www.vernonpta.org/makerfair/>)

Our Annual Maker's Fair features handcrafted items made by Vernon Community Members. There will be door prizes, music, kids, activities, food and drink, and fun for the whole family! Are you a Vernon community member who would like to be a vendor? Please submit a registration form by November 22, 2019 <https://www.vernonpta.org/wp-content/uploads/2019/10/makersFairRegistration2019.pdf>.

100% handcrafted items including:

Organic Jams & Pickles  
Hand made Jewelry  
Natural Cleaning Products  
Pottery  
Wood Crafts  
Greeting Cards  
Art Prints  
Ornaments  
Hand knits  
Original Art  
Natural Bath & Beauty products  
Stationary  
Pop Art Charms  
Up-cycled clothing  
Home Decor

A percentage of all sales goes to support the Vernon PTA.

#### **UPCOMING CALENDAR EVENTS:**

**November 4** - Las Familias: Families of Hispanic Students Parent Mtg  
**November 4** - Families of Black Students Meeting  
**November 5** - Caregivers of Neurodiverse Student Group  
**November 6** - LGBTQ+ Families Meeting  
**November 8** - Principals' Coffee Hour w/ question & answer session  
**November 9** - Garden Work Party  
**November 14** - Veterans' Day



OP Ed – “Brilliant Strokes of Light”  
Tiffany Pitre, Vernon PTA Vice President

I appreciate the conversation and courage it took to engage in discourse about our children at recess on our Vernon Facebook Community Page. I know these can be difficult conversations; however, some of the rhetoric and “knee jerk” responses I read were a bit disheartening. The use of some of the emotionally charged language such as “culprits,” “unsafe” and “violence” are loaded terms to describe little people... let us all please remember these are our children.

I ask that we all pause and remember, that all children don't come from the same households, experience the same privilege, same emotional, mental, physical, spiritual wellness, or show up to school with a suitcase of conflict management skills/ tools. We don't know what students go home to, arrive at school from, what experiences they have, what physical or what emotional challenges they face. They may not know themselves what to do about it or how to effectively express trauma/stress, different level of abilities, or exposure to inconsistent rules/ environments. This is not just happening at Vernon School, but occurs at all schools because we are all humans.

Many of us as parents and caregivers have been intentional in exposing our children to diversity and difference in our community as the world they face is much more diverse than many of ours were for us growing up, as many of us hail from more traditionally segregated communities. Part of the uncomfortableness diversity can create is conflict. Our children must LEARN to play and be together, learn to honor each other's differences, world perceptions, and methods for dealing with conflict. Because these little beings are in our hearts, it can be a super uncomfortable process for us. But we must avoid shrinking back into our old but comfortable ideologies that support self-interest first/community second, or ideologies that kept us divided to seek blame and discipline, rather than understanding and justice. Our students will make a better world together than what we had in our past, if we continue to support them and give them resources to work and relate in a diverse world.

We as parents and caregivers also have the responsibility to teach our kids how to be assertive in responding to aggressive behaviors, how to get help or signal to playground/classroom monitors that a student needs additional attention, support or is engaging in unsafe behavior. There will be conflict regardless of where our children go and the more diversity we experience, the more differences, the more opportunities that we will not have the same views, tools, ways of relating to the world. Learning to be self-aware, to be assertive without being aggressive when responding to conflict, is a big part of education and self-discovery that happens slowly over time. We must be intentional in how we help our children build diverse communities to allow space for different learning styles and different learning journeys. We also need to ensure we are consistent and equitable in how we design and implement justice once conflict has escalated.

Lastly, our job as volunteers at recess is to support the journey for all students, and that we are educated to understand our school's justice policy regarding incidents. We can help all children when we volunteer by having a mindset that we are promoting a safe educational space for every child, not just looking out for our own. Before we run to the playground to protect “our” kids and make sure they are safe, let's make sure that we do our own self-check, allow ourselves to “re-center before we react.” Make sure we are putting aside our personal biases, trigger words/ past experiences, media overexposure, -isms, and once we have completed the background check process, freely run to the playground to help create a fun learning free space to support every child. Of course, it includes reporting unsafe behavior to the administrators, and engaging in structured play, free play, and sometimes removing ourselves from their play. This is when we get to stand back and watch our brilliant strokes of light create their own dance together, rearranging the universe before our eyes... even if there are a few missteps along the way.

Tiffany Pitre  
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